

# Gosford Stingrays 2018-19 Summer Schedule

Gosford Stingrays Swimming Club meets on the 1<sup>st</sup> and 3<sup>rd</sup> Fridays of each month during the school term.

Swimmers may choose one distance for each stroke and distance should be appropriate to ability.

: If distance is inappropriate for the swimmer they will be advised and moved to an appropriate distance.

: Swimmers will be placed in heats based on time.

: Please email entries by Wednesday 4pm to [racesecretary@gosfordstingrays.com.au](mailto:racesecretary@gosfordstingrays.com.au)

## 29 SEPTEMBER - 14 OCTOBER 2018: SCHOOL HOLIDAYS

### 6-7 OCTOBER 2018 - WOY WOY SWIM CLUB LC QUALIFYING CARNIVAL

**PLC WOY WOY** [Entries close 19/9/2018]

DATE	LOCATION	STROKE	DISTANCE	BONUS RACE
FRIDAY 19 <sup>th</sup> OCT	GOSFORD OLYMPIC POOL	FREESTYLE	25m or 50m or 100m	<b>4 x 50m RELAY</b>
		BREASTSTROKE	25m or 50m	
		BACKSTROKE	25m or 50m	
		BUTTERFLY	25m or 50m	
		KICKBOARD	25m or 50m	

### 20 OCTOBER 2018 - NUSWIM ANNUAL QUALIFYING CARNIVAL

**THE FORUM, NEWCASTLE UNIVERSITY** [Entries close 6/10/2018]

### 20 OCTOBER 2018 - 2018 NSW MC (DISABILITY) CHAMPIONSHIPS

**SYDNEY OLYMPIC PARK** [Entries close 5pm 9/10/2018]

### 27 OCTOBER 2018 - MINGARA COMBO MEET DEVELOPMENT & DISTANCE

**MINGARA** [Entries close 23/10/2018]

DATE	LOCATION	STROKE	DISTANCE	BONUS RACE
FRIDAY 2 <sup>nd</sup> NOV	GOSFORD OLYMPIC POOL	FREESTYLE	25m or 50m	<b>200m FREESTYLE</b>
		BREASTSTROKE	25m or 50m or 100m	
		BACKSTROKE	25m or 50m	
		BUTTERFLY	25m or 50m	
		KICKBOARD	25m or 50m	

### 27 OCTOBER 2018 - MINGARA COMBO MEET DEVELOPMENT & DISTANCE

**MINGARA** [Entries close 23/10/2018]

### 3 NOVEMBER 2018 - TITANS SUMMER LONG COURSE DEVELOPMENT MEET

**PLC WOY WOY** [Entries close 20/10/2018]

DATE	LOCATION	STROKE	DISTANCE	BONUS RACE
FRIDAY 16 <sup>th</sup> NOV	GOSFORD OLYMPIC POOL	FREESTYLE	25m or 50m	<b>200m BREASTSTROKE</b>
		BREASTSTROKE	25m or 50m	
		BACKSTROKE	25m or 50m or 100m	
		BUTTERFLY	25m or 50m	
		KICKBOARD	25m or 50m	

### 17 NOVEMBER 2018 - HUNTER QUALIFYING AND DEVELOPMENT MEET

**LAMPTON** [Entries close 2/11/2018]

### 24 NOVEMBER 2018 - CHARLESTOWN QUALIFYING CARNIVAL

**CHARLESTOWN** [Entries close 10/11/2018]

**30 NOV-2 DECEMBER 2018 - COAST & VALLEY CHAMPIONSHIPS****PLC WOY WOY [Entries close TBC - 27/11/2018]**

<b>FRIDAY 7<sup>th</sup> DEC</b>	GOSFORD OLYMPIC POOL	FREESTYLE BREASTSTROKE BACKSTROKE BUTTERFLY KICKBOARD	25m or 50m 25m or 50m 25m or 50m 25m or 50m or 100m 25m or 50m	<b>100m or 200m INDIVIDUAL MEDLEY</b>
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**9 DECEMBER 2018 - BERESFIELD DEVELOPMENT MEET****BERESFIELD [Entries close 28/11/2018]****14-19 DECEMBER 2018 - SNSW 12/13 YEARS-18 YEARS STATE AGE CHAMPS****SYDNEY OLYMPIC PARK (SOPAC) [Entries close TBA]****22 DECEMBER - 28 JANUARY 2019: SCHOOL HOLIDAYS****26-27 JANUARY 2019 - SNSW COUNTRY REGIONAL MEETS****ARMIDALE – EDEN – WAGGA WAGGA [Entries close TBA]**

DATE	LOCATION	STROKE	DISTANCE	BONUS RACE
<b>FRIDAY 1<sup>st</sup> FEB</b>	GOSFORD OLYMPIC POOL	FREESTYLE BREASTSTROKE BACKSTROKE BUTTERFLY KICKBOARD	25m or 50m or 100m 25m or 50m 25m or 50m 25m or 50m 25m or 50m	<b>200m BACKSTROKE</b>

**2-3 FEBRUARY 2019 - SPEEDO SPRINTS SERIES [HEATS]****VARIOUS LOCATIONS [Entries close TBA]****9 FEBRUARY 2019 - MINGARA LONG COURSE QUALIFYING MEET****MINGARA [Entries close 5/2/2019]**

<b>FRIDAY 15<sup>th</sup> FEB</b>	GOSFORD OLYMPIC POOL	FREESTYLE BREASTSTROKE BACKSTROKE BUTTERFLY KICKBOARD	25m or 50m 25m or 50m or 100m 25m or 50m 25m or 50m 25m or 50m	<b>200m BUTTERFLY</b>
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**22-24 FEBRUARY 2019 - SNSW COUNTRY CHAMPIONSHIPS****SYDNEY OLYMPIC PARK (SOPAC) [Entries close TBA]**

<b>FRIDAY 1<sup>st</sup> MARCH</b>	GOSFORD OLYMPIC POOL	FREESTYLE BREASTSTROKE BACKSTROKE BUTTERFLY KICKBOARD	25m or 50m 25m or 50m 25m or 50m or 100m 25m or 50m 25m or 50m	<b>4 x 50m RELAY</b>
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**9 MARCH 2019 - NSW SPEEDO SPRINT SERIES [FINALS]****SYDNEY OLYMPIC PARK (SOPAC) [Entries from Heats]****10 MARCH 2019 - NSW MC (Disability) MEET #1****SYDNEY OLYMPIC PARK (SOPAC) [Entries close TBA]**

<b>FRIDAY 15<sup>th</sup> MARCH</b>	GOSFORD OLYMPIC POOL	FREESTYLE BREASTSTROKE BACKSTROKE BUTTERFLY KICKBOARD	25m or 50m 25m or 50m 25m or 50m 25m or 50m or 100m 25m or 50m	<b>100m or 200m INDIVIDUAL MEDLEY</b>
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**15 MARCH 2019 – [WEST WALLSEND DEVELOPMENT MEET](#)**

**WEST WALLSEND [Entries close TBA]**

**30-31 MARCH 2019 - [SNSW 12/13 YEARS & UNDER STATE AGE CHAMPS](#)**

**SYDNEY OLYMPIC PARK (SOPAC) [Entries close TBA]**

<b>FRIDAY 5<sup>th</sup> APRIL</b>	GOSFORD OLYMPIC POOL	<b>GOSFORD STINGRAYS SUMMER CLUB CHAMPIONSHIPS</b>
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**13 APRIL - 28 APRIL: SCHOOL HOLIDAYS**

**19 APRIL - 22 APRIL: EASTER WEEKEND**

Events highlighted on the above program are targeting meets.

Entry is online via links provided or the [Coast and Valley Swimming Association web page](#), *competition tab* or [Swimming NSW web page](#), look for the [Event Calendar](#).

Please check for closing dates for events listed as TBA via the above websites.

If entry is via TM please email the Race Secretary 1 week prior to the closing date.



**Check us out online at:**

[gosfordstingrays.com.au](http://gosfordstingrays.com.au) | [facebook.com/gosfordstingrays](https://facebook.com/gosfordstingrays)